



# DRSABC



TRAUMA SERVICE  
WESTMEAD HOSPITAL

## Here's a breakdown of the DRSABC steps...

**D – Danger:** Assess the surroundings for any potential hazards, ensuring your safety and the safety of others.

**R – Response:** Check the injured person's responsiveness by calling out to them or gently shaking them.

**S – Send for help:** Call emergency services (triple zero) and answer their questions honestly to provide them with the necessary information.

**A – Airway:** Ensure the person's airway is clear by tilting their head back and lifting their chin, especially if they are unconscious and their head is slumped forward. This action straightens the airway, allowing for proper breathing. You may need to maintain this position until emergency services arrive. They may use collars to keep the head in a neutral position.

**B – Breathing:** After opening the airway, check for breathing.

**C – Circulation:** If there's bleeding, apply direct pressure to the wound using a clean cloth or bandage. Continue applying pressure until emergency services arrive.