

MOST COMMON CAUSES OF SPINAL CORD INJURY

LAND TRANSPORT

42%



This includes motor vehicle, motor-cycle and quad-bike accidents.



This figure also includes accidents involving cyclists and pedestrians.

Falls from roofs, down multiple stairs / steps, off ladders, verandahs, balconies, walls, scaffolding and trampolines.

People over 65 are most at risk of injury from low falls (from a height of 1 metre or less).



FALLS

40%

WATER RELATED

6%



The majority of injuries result from diving into shallow water at the beach or in pools, from surfing and water-skiing accidents.

- 87.5% of water related spinal cord injuries result in incomplete tetraplegia.

These are injuries sustained from various causes including injuries inflicted from an assault, other accidents involving machinery etc.



OTHER CAUSES

6%

SPORTING

5%



3% of injuries from football, predominantly rugby.



2% of injuries came from falling or being thrown from a horse, or falling from a horse-drawn cart.

People hit by heavy falling objects, most commonly tree branches.

- 75% of people hit by heavy falling objects were male.



HIT BY AN OBJECT

2%